

DID YOU KNOW?

You can do most of your
DSHS business by calling
one toll-free number



1 (877) 501-2233

Call us Monday – Friday
from 8 am to 5 pm



Washington State Department of Social and Health Services



CALL US

1 (877) 501-2233

is the number to call for
DSHS community services,
anywhere in Washington state!

By calling this number, you can:

- Get information about any of your benefits
- Apply for child care
- Have your interview for cash or food
 - Press 1 (food) or 2 (cash) and follow the instructions to do your interview by phone
- Report changes for any of your benefits
- Do your Mid-Certification Review for cash, food or medical - no forms!
- Do your review for child care or medical
- Access our automated Answer Phone system 24 hours a day

Did you know you can access DSHS community services online, 24 hours a day, 7 days a week?

Apply for benefits, submit your review or report changes anytime! You can access these services anywhere with online access – such as from a home computer (yours or your friend's), a local library or community center.

Apply Online HERE

<http://onlineapp.dshs.wa.gov>

